



श्री स्वामी कृष्णानन्दाष्टोत्तर शत नामावलिः

Srī Swāmī Krishnānandaāṣṭōthara Shata Nāmāvalih

108 Names of Sri Swami Krishnananda

SRI SWAMI KRISHNANANDA

Swami Krishnananda is a highly respected philosophical writer, especially on metaphysics, psychology and sociology. Swamiji's books are known the world over as excellent presentations of answers to the daily questions that arise in the day-to-day confrontations of a human being.

Swami Krishnananda was the General Secretary of The Divine Life Society from 1961 until 2001. Swamiji was a direct disciple of His Holiness Swami Sivananda, founder of this Institution. Swamiji attained Mahasamadhi in 2001.

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It has been said in the Upanishads that anything or any quality can be taken as the object of Meditation as long as the chosen ideal can represent the Complete Reality for us. Here are 108 facets of Revered Sri Swami Krishnanandaji Maharaj; each a Meditation in itself, qualities that we can develop and rungs that we can climb in journey to Perfection.



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Iti srī swāmi kṛiṣhṇānandāṣṭōthara shata nāmāvaliḥ

Thus ends 108 names of Sri Swami Krishnanandaji Maharaj.

(1) ओं अपरिग्रह व्रत शीलाय नमः

Ōm aparigr̥ha vrath̥ sheelāya namaḥ
Prostrations to him, who is not covetous.

(2) ओं अनावृत्ति मार्ग प्रवृत्ताय नमः

Ōm anāvrit̥thi mārga pr̥vr̥ththāya namaḥ
Prostrations to him, who leads the path of perfection.

(3) ओं अनेकाम्बुत दर्शनानन्दाय नमः

Ōm anekādbhuta dar̥shanānandāya namaḥ
Prostrations to him, who has various wonderful visions of God.

(4) ओं अनेक बाहूदर वक्त्र नेत्राय नमः

Ōm aneka bāhūdara vak̥tra netrāya namaḥ
Prostrations to him, who has many arms, stomachs, mouths and eyes.

(5) ओं अभ्यास योग शीलाय नमः

Ōm abhyāsa yōga sheelāya namaḥ
Prostrations to him, who practises Yoga.

(6) ओं असङ्ग शस्त्र धारिणे नमः

Ōm asanga shastra dhārine namaḥ
Prostrations to him, who bears the weapon of non-attachment.

(7) ओं अनहंकृत भाव पराय नमः

Ōm anahamkrita bhāva parāya namaḥ
Prostrations to him, who has no egoism.

(8) ओं अज्ञान संमोह प्रणष्टाय नमः

Om ajnāna sammoha pranashtāya namaḥ
Prostrations to him, who destroyed the delusion of ignorance.

(9) ओं आचार्य अङ्कर सिद्धान्त विदे नमः

Om āchārya shankara siddhānta vide namaḥ
Prostrations to him, who knows the principles of Acharya Shankara.

(10) ओं अत्मन्येवात्मना बहु सन्तुष्ट चेतसे नमः

Om ātmanyevātmanā bahū santushta chetase namaḥ
Prostrations to him, who is in Blissful State in his Self, by his Self.

(11) ओं आदित्यवज्ज्ञान प्रकाशाय नमः

Om ādityavad jñāna prakāshāya namaḥ
Prostrations to him, whose knowledge is like that of sunshine.

(12) ओं आद्यं परं स्थानं गन्तु कामाय नमः

Om ādyam param sthānam gantū kāmāya namaḥ
Prostrations to him, who wants to go to his original Supreme Abode.

(13) ओं आसुर भाव विनाशिने नमः

Om āsura bhāva vināshine namaḥ
Prostrations to him, who destroyed the demonical nature.

(14) ओं आनन्द कन्दलित हृदयार विन्दाय नमः

Om ānanda kandalita hrdayāra vindāya namaḥ
Prostrations to him, whose lotus heart is full of bliss.

(103) ओं क्षेत्रज्ञाय नमः

Om kshetrajñāya namaḥ
Prostrations to him, who is the Knower of the field.

(104) ओं क्षान्तिरार्जव सम्पन्नाय नमः

Om kshāntirārjava sampannāya namaḥ
Prostrations to him, who has forbearance and straightforwardness.

(105) ओं ज्ञान तपो धनाय नमः

Om jñāna tapō dhanāya namaḥ
Prostrations to him, who has the wealth of knowledge and penance.

(106) ओं ज्ञान दीप प्रज्वलिताय नमः

Om jñāna dīpa prajwalitāya namaḥ
Prostrations to him, who lights the lamp of Knowledge.

(107) ओं ज्ञानाग्नि दग्ध कर्मणे नमः

Om jñānāgni dagdha karmane namaḥ
Prostrations to him, who has burnt his actions by the fire of Knowledge.

इति श्री स्वामि कृष्णानन्दाष्टोत्तर शत नामावलिः

Om srī sadgurū kṛishnānanda swāmine namaḥ
Prostrations to him, who is known as Sadguru Sri Swami Krishnananda.

(96) ओं सत्त्व समाविष्टाय नमः

Om sathva samāvishtāya namaḥ
Prostrations to him, who ascended the state of purity.

(97) ओं सिद्धयसिद्धयोर्निर्विकाराय नमः

Om sidhyasidhyōrnirvikārāya namaḥ
Prostrations to him, who is indifferent in success and failure.

(98) ओं सकल शास्त्र स्वामिने नमः

Om sakala shāstra swāmine namaḥ
Prostrations to him, who has owned all the scriptures.

(99) ओं सम्प्राप्त ब्रह्म निर्वाणाय नमः

Om samprāpta br̥hṃ nirvānāya namaḥ
Prostrations to him, who has attained the Abode of Brahman.

(100) ओं हृदय दौर्बल्य विध्वंसकाय नमः

Om hr̥daya dourbalya vidhwamsakāya namaḥ
Prostrations to him, who has destroyed the weakness of the heart.

(101) ओं हरि हृदय कमल विहारिणे नमः

Om hari hr̥daya kamala vihārine namaḥ
Prostrations to him, in whose lotus heart Lord Hari plays.

(102) ओं हरि पद प्रेम पीयूष पानोन्मत्ताय नमः

Om hari pada prema piyusha pānonmathāya namaḥ
Prostrations to him, who has drunk the nectar of Love of the feet of Lord Hari.

(15) ओं उदासीनवदासीनाय नमः

Om udāsīnavadāsīnāya namaḥ
Prostrations to him, who is seated like a person unconcerned with the world.

(16) ओं ऊर्ध्वमुख सत्त्वाय नमः

Om urdhva mukha sathwāya namaḥ
Prostrations to him, who gained the upward wisdom.

(17) ओं कर्मणि सङ्ग विवर्जिताय नमः

Om karmani sanga vivarjitāya namaḥ
Prostrations to him, who has abandoned the attachment of actions.

(18) ओं कर्मसु कौशलता प्राप्ति मते नमः

Om karmasu kaushalathā prāpti mathe namaḥ
Prostrations to him, who attained the skill in doing actions.

(19) ओं कर्म-ज्ञान योग निष्णाताय नमः

Om karma jñāna yōga nishnātāya namaḥ
Prostrations to him, who is expert in the yoga of action and knowledge.

(20) ओं कर्म फल स्पृहा विवर्जिताय नमः

Om karma phala sprihā vivarjitāya namaḥ
Prostrations to him, who has abandoned the fruits of actions.

(21) ओं कुर्वन्नपि न लिप्य मानाय नमः

Om kurvaṇnapi na lipya mānāya namaḥ
Prostrations to him, who is not tainted by doing actions.

(22) ओं काम राग विवर्जिताय नमः

Om kama raga vivarjitāya namaḥ
Prostrations to him, who has no lust and attachment.

(23) ओं कूटस्थाय नमः

Om kūtasthāya namaḥ
Prostrations to him, who is like that of an anvil.

(24) ओं कृष्ण कृपा लब्ध विभवाय नमः

Om krishṇa kṛpā labdha vibhavāya namaḥ
Prostrations to him, who received the Grace of Lord Krishna.

(25) ओं कर्म मर्म प्रकाशिने नमः

Om karma marma prakāshine namaḥ
Prostrations to him, who revealed the secret of action.

(26) ओं कामासक्ति हराय नमः

Om kāmāsakti harāya namaḥ
Prostrations to him, who has destroyed the desire of lust.

(27) ओं गत सन्देह स्थिताय नमः

Om gata sandeha sthithāya namaḥ
Prostrations to him, who has no doubts.

(28) ओं छिन्न संशयाय नमः

Om chhinna samshayāya namaḥ
Prostrations to him, who has removed the doubts of others.

(29) ओं जित सङ्ग दोषाय नमः

Om jita sanga doshāya namaḥ
Prostrations to him, who has conquered the defect of attachment.

(88) ओं सर्वतः पाणिपादाय नमः

Om sarvathah pāni pādāya namaḥ
Prostrations to him, who has hands and feet everywhere.

(89) ओं सर्वेन्द्रिय विवर्जिताय नमः

Om sarvendriya vivarjithāya namaḥ
Prostrations to him, who has abandoned all sense objects.

(90) ओं सर्वत्र समवस्थिताय नमः

Om sarvatra samavasthithāya namaḥ
Prostrations to him, who is present in all places.

(91) ओं सत्त्वात्संजात ज्ञानाय नमः

Om sathvātsanjātha jñānāya namaḥ
Prostrations to him, whose knowledge is born out of purity.

(92) ओं स्वाध्याय निरताय नमः

Om swādhyāya nirathāya namaḥ
Prostrations to him, who studies always.

(93) ओं स्वाध्यायाम्यसन शीलाय नमः

Om swādhyāyābhyasana shīlāya namaḥ
Prostrations to him, who practises reading the scriptures.

(94) ओं साधु स्वभाव सम्भरिताय नमः

Om sādhu swabhāva sambharitāya namaḥ
Prostrations to him, whose nature is Divine.

(95) ओं सर्व कर्म फल त्याग निरताय नमः

Om sarva karma phala tyāga niratāya namaḥ
Prostrations to him, who has abandoned the fruits of all actions.

(81) ओं शरण रहस्य प्रदायिने नमः

Om sharana rahasya pradāyine namaḥ
Prostrations to him, who bestows the secret of taking
refuge.

(82) ओं स्वधर्मे निघनं श्रेयः इति कृत निश्चयाय नमः

Om swadharme nidhanam shrayah iti krita nishchayāya
namaḥ
Prostrations to him, who has made up his mind to die while
doing his own righteous actions.

(83) ओं सर्व भूत हिते रताय नमः

Om sarva bhūtha hite ratāya namaḥ
Prostrations to him, who is engaged in the benefit of all
beings.

(84) ओं समलोष्टाश्म कांचनाय नमः

Om sama lōshtāshma kānchanāya namaḥ
Prostrations to him, who is equal-minded in mud, stone and
gold.

(85) ओं सर्वत्र सम दर्शिने नमः

Om sarvatra sama darshine namaḥ
Prostrations to him, who sees the Absolute Reality
everywhere.

(86) ओं सद्भाव समन्विताय नमः

Om sadbhāva samanvitāya namaḥ
Prostrations to him, who possesses noble ideas.

(87) ओं सर्वभूताशय स्थिताय नमः

Om sarva bhūthāshaya sthithāya namaḥ
Prostrations to him, who exists in the hearts of all beings.

(30) ओं जितात्मने नमः

Om jitātmane namaḥ
Prostrations to him, who has conquered himself.

(31) ओं तत्त्व ज्ञानार्थ दर्शनाय नमः

Om tathwa jñāñārtha darshanāya namaḥ
Prostrations to him, who has the vision of Self-Knowledge.

(32) ओं दिव्य जीवन संघ संचालकाय नमः

Om divya jivana sangha sanchālakāya namaḥ Prostrations
to him, who conducted "The Divine Life Society".

(33) ओं द्वन्द्व मोह विनिर्मुक्ताय नमः

Om dwandwa moha vinirmuktāya namaḥ
Prostrations to him, who has no delusion of duality.

(34) ओं दृढ व्रताय नमः

Om dridha vratāya namaḥ
Prostrations to him, who has the firm conviction.

(35) ओं देहेऽस्मिन्पुरुषः पराय नमः

Om dehesmin purushah parāya namaḥ
Prostrations to him, who has risen above the self in the
body.

(36) ओं द्वन्द्व विमुक्ताय नमः

Om dwandwa vimuktāya namaḥ
Prostrations to him, who has abandoned duality.

(37) ओं दैवीसम्पदभि जाताय नमः

Om daivī sampadabhi jāthāya namaḥ
Prostrations to him, who was born in a divine family.

(38) ओं दम्भ विवर्जिताय नमः

Om dambh vivarjitāya namaḥ
Prostrations to him, who is freed from pride.

(39) ओं दैवी सद्गुण दायिने नमः

Om daivī sadguna dāyine namaḥ
Prostrations to him, who bestows divine virtues.

(40) ओं दया सुधा सिन्धवे नमः

Om dayā sudhā sindhave namaḥ
Prostrations to him, who is the ocean of nectar of compassion.

(41) ओं धर्म क्षेत्र निवासिने नमः

Om dharma kshetra nivāsine namaḥ
Prostrations to him, who lives in the field of righteousness.

(42) ओं धृत्युत्साह समन्विताय नमः

Om dhṛityutsāha samanvitāya namaḥ
Prostrations to him, who is endowed with enthusiasm and fortitude.

(43) ओं ध्यान योग पराय नमः

Om dhyāna yōga parāya namaḥ
Prostrations to him, who is immersed in the practice of the yoga of meditation.

(44) ओं धर्म्य संवाद तत्पराय नमः

Om dharmya samvāda tatparāya namaḥ
Prostrations to him, who is engaged in righteous conversation.

(74) ओं वेदान्त केसरिणे नमः

Om vedānta kesarine namaḥ
Prostrations to him, who is the lion of Vedanta philosophy.

(75) ओं विभक्तमिव स्थिताय नमः

Om vibhaktamiva sthithāya namaḥ
Prostrations to him, who exists as if divided.

(76) ओं वेदविदे नमः

Om veda vide namaḥ
Prostrations to him, who knows the Vedas.

(77) ओं विगत स्पृहाय नमः

Om vigatha sprihāya namaḥ
Prostrations to him, who has no worldly consciousness.

(78) ओं व्यास प्रसाद प्राप्ति मते नमः

Om vyāsa prasāda prāpti mate namaḥ
Prostrations to him, who has received the grace of great Vyaasa.

(79) ओं श्रवण मनन निदिध्यासन पराय नमः

Om shravana manana nididhyāsana parāya namaḥ
Prostrations to him, who practises hearing, contemplation and meditation.

(80) ओं शास्त्र विधानोक्त कर्म कर्त्रे नमः

Om shāstra vidhānokta karma karṭre namaḥ
Prostrations to him, who does the actions as per the instructions of the scriptures.

(67) ओं यतवाक्काय मानसाय नमः

Om yathavākkāya mānasāya namaḥ

Prostrations to him, who has controlled the body, mind and speech.

(68) ओं राज विद्या राज गुह्य योगज्ञाय नमः

Om rāja vidyā rāja guhya yogajñāya namaḥ

Prostrations to him, who knows the Yoga of kingly science and the kingly secret.

(69) ओं राग द्वेष विदारिणे नमः

Om rāga dwesha vidārine namaḥ

Prostrations to him, who broke out of attachment and repulsion.

(70) ओं वीत राग भय क्रोधाय नमः

Om vīta rāga bhaya krodhāya namaḥ

Prostrations to him, who has no attachment, fear and anger.

(71) ओं वासुदेवः सर्वमिति मन्य मानाय नमः

Om vāsūdevah sarvamiti manya mānāya namaḥ Prostrations to him, who thinks that Lord Krishna is everything.

(72) ओं विश्वतो मुखाय नमः

Om viswatho mukhāya namaḥ

Prostrations to him, who has faces everywhere.

(73) ओं विश्व रूपाय नमः

Om viṣwa rūpāya namaḥ

Prostrations to him, who is the embodiment of the Universe.

(45) ओं नर विषाद विदूरगाय नमः

Om nara vishāda vidūragāya namaḥ

Prostrations to him, who removes the sorrow of man.

(46) ओं नैष्कर्म्य सिद्धि सम्प्राप्ताय नमः

Om naishkarmya siddhi samprāptāya namaḥ

Prostrations to him, who attained the state of non-action.

(47) ओं नाहंकर्तेति मन्यमानाय नमः

Om nāham karteti manya mānāya namaḥ

Prostrations to him, who thinks "I am not the doer".

(48) ओं निरन्तर ज्ञान यज्ञ निर्वाहकाय नमः

Om nirantara jñāna yajña nirvāhakāya namaḥ Prostrations to him, who always performs the sacrifice of Knowledge.

(49) ओं नित्य युक्ताय नमः

Om nitya yuktāya namaḥ

Prostrations to him, who ever exists in Eternity.

(50) ओं पुरुषोत्तमाय नमः

Om purūshoththamāya namaḥ

Prostrations to him, who is the best among men.

(51) ओं प्रकाशकमनामयाय नमः

Om prakāshakamanāmayāya namaḥ

Prostrations to him, who is ever effulgent.

(52) ओं प्रसन्नात्मने नमः

Om prasaṇātmane namaḥ

Prostrations to him, who is ever happy.

(53) ओं परमानन्द प्रदाय नमः

Om paramānanda pradāya namaḥ
Prostrations to him, who bestows Supreme Bliss.

(54) ओं ब्रह्म विदे नमः

Om bṛhṁ vide namaḥ
Prostrations to him, who knows Brahman (the Absolute).

(55) ओं ब्रह्मविज्जनाह्लाद हृदयाय नमः

Om bṛhṁvijjanāhlāda hṛdayāya namaḥ
Prostrations to him, whose heart is pleased by seeing the knowers of Brahman.

(56) ओं ब्रह्म सूत्र पद प्रवीणाय नमः

Om bṛhṁ sūtra pada pravīṇāya namaḥ
Prostrations to him, who knows the meaning of Brahma Sutras.

(57) ओं ब्रह्म कर्म निरताय नमः

Om bṛhṁ karma niratāya namaḥ
Prostrations to him, who is ever engaged in the action of Brahman.

(58) ओं बुद्धि योगमुपाश्रिताय नमः

Om buddhi yōgamupāshritāya namaḥ
Prostrations to him, who took shelter of the Yoga of intelligence.

(59) ओं भाव संशुद्धिमते नमः

Om bhāva samshuddhimate namaḥ
Prostrations to him, who possesses the pure ideas.

(60) ओं भव भय हरिणे नमः

Om bhava bhaya hāriṇe namaḥ
Prostrations to him, who removes the fear of birth and death.

(61) ओं मानुषीं तनुमाश्रित देवाय नमः

Om mānushīm tanumāshritā devāya namaḥ
Prostrations to him, who is God Himself, in the form of a man.

(62) ओं मोक्षकाङ्क्षिमिरावृताय नमः

Om moksha kāṅkshibhirāvritāya namaḥ
Prostrations to him, who is surrounded by the aspirants.

(63) ओं मुक्तसङ्गाय नमः

Om mukta sangāya namaḥ
Prostrations to him, who is freed from attachment.

(64) ओं योगारूढाय नमः

Om yōgārūdhāya namaḥ
Prostrations to him, who has reached the peak of Yoga.

(65) ओं यं प्राप्य न निवर्तन्ते तद्धाम गमनोत्सुकाय नमः

Om yam prāpya na nivartante taddhāma gamanotsukāya namaḥ
Prostrations to him, who is anxious to go to that abode, from where there is no return.

(66) ओं यज्ञदान तपः कर्मानुष्ठान पराय नमः

Om yajña dāna tapah karmānushthāna parāya namaḥ
Prostrations to him, who is engaged in performing sacrifice, charity and austerity.